



Happy Lunar New Year!

As we embrace the possibilities of the year ahead, we carry forward the spirit of unity and generosity that strengthened our community last year. Your support has been a source of hope for survivors rebuilding their lives, and together, we are shaping a future where every individual has the opportunity to thrive.

No matter what changes this year may bring, our commitment to empowering survivors and bridging cultural and language gaps remains steadfast. In 2025, we look forward to deepening our impact through programs, community engagement, and collaborations.

This quarterly newsletter is filled with inspiring stories and meaningful opportunities to make a lasting difference. Let's continue building a brighter, more empowered future together!

Celebrating Community at ATASK's Shelter



At ATASK's Shelter, community celebrations bring joy, connection, and healing to the individuals and families we serve. Whether marking a birthday, a cultural holiday, or simply sharing a meal, these gatherings create a sense of belonging and support.

This past holiday season, residents came together for a heartwarming Christmas celebration. The shelter was filled with music, laughter, delicious food, and festive energy as residents enjoyed games, singing, and dance performances. The warmth of community made the day truly special. We also welcomed the Lunar New Year with a shared meal, honoring traditions that bring comfort and joy to many.

Beyond the holidays, our Shelter Program is a space where survivors can take the next steps toward rebuilding their lives. From helping clients search for permanent housing to supporting children with homework, hosting birthday parties, and organizing movie nights, the shelter is a place of healing, growth, and connection.

Our community partners play a crucial role in making these experiences possible. Volunteers from the PALS program with Horizons for Homeless Children bring play and encouragement to children each week. Tufts medical student volunteers generously offer their time and skills to support overall well-being. Anne Plaisance's art workshops provide creative outlets for self-expression and healing, while Circle of Hope ensures essential needs are met through thoughtful donations.

These shared celebrations remind us that healing happens not just through services, but through community, kindness, and moments of joy. **Thank you to our partners and supporters for making this possible!** Together, we continue to build a space where survivors feel valued, supported, and empowered to move forward with hope.

Community Comes Together

Helena's: Shopping with a Purpose to Support Survivors



Last October, **Helena's**, a women's clothing store, donated a portion of its proceeds to ATASK. Owner Katherine Venzke shared, *"Our staff was thrilled to engage with this fundraiser, and I hope we helped build lasting connections between ATASK and our customers. Knowing that Helena's customers' purchases directly support Pan-Asian survivors in Massachusetts makes it all worthwhile. It's an honor to contribute to their journey."*



Beyond the fundraiser, Helena's continued its generosity by donating clothing to ATASK's shelter this month. These donations provide not only essential resources but also a sense of empowerment, helping survivors regain confidence as they rebuild their lives.

Thank you, Helena's, for turning shopping into a way to support survivors!

Bringing Holiday Magic to ATASK Families

Thanks to **Boston Ballet** and **Jose Mateo Ballet Theatre**, ATASK clients and their children experienced the magic of *The Nutcracker*!

"I'm so grateful for the wonderful time I had with my child. This was meaningful and enjoyable. Big thanks for making this holiday special, as this was my child's first time at the show", a client commented.

We're deeply grateful for these partnerships, which create joyful memories and brighten the holidays for the families we serve.



Generosity in Action: Spreading Joy and Hope



The generosity of our community has the power to bring joy and hope to those in need. This past December, we saw this in action when both **Project Elf, Inc.** and **Mintz** stepped up to support ATASK families by donating holiday gift cards, ensuring that survivors and their children felt cared for and supported. We are deeply grateful for Project Elf's unwavering commitment to uplifting those in need and for Mintz's long-standing support, which extends beyond the holidays through regular drives throughout the year. Their dedication is a testament to the strength of our community, and we are thankful for their ongoing partnership in making a meaningful difference in the lives of those we serve.

ATASK Prepares for the Year Ahead

In January, we held an all-staff meeting, bringing together over 30 team members from across our programs. Management introduced new plans and technological tools to increase collaboration and work efficiency so we can better address challenges on the horizon. Moments like these remind us of the importance of the work we do, renewing our incredibly dedicated staff's passion for advancing our mission



Community Events

Welcome the Year of the Snake with ATASK!

This Lunar New Year, we've been celebrating by connecting with the community and raising awareness about ATASK's role as a vital resource for Asian survivors of domestic violence.

So far, we've had the joy of joining the Malden Lunar New Year Celebration on January 18 and the Somerville Lunar New Year Cultural Festival on January 25.

The festivities continue! We're excited to participate in the **Belmont Pan Asian Coalition Lunar New Year Celebration & Parade** on February 23!

Join us as we honor traditions, celebrate community, and share how ATASK empowers survivors.





**WOMEN'S
10 MILER**

**Support
ATASK on
March 30th!**

DONATE, RUN OR VOLUNTEER!

HOSTED BY
BOSTON ROAD RUNNERS

Celebrate Women's History Month with ATASK by Running for a Cause!

On March 30th, run 10 miles or 5K with Boston Road Runners to support ATASK, one of the two nonprofit beneficiaries of their charity race. Enjoy a scenic route along the Charles River while raising awareness and funds to empower survivors.

[Register](#)

Get Involved as an ATASK Ambassador

Looking for a way to make a difference? Join ATASK's **Ambassador Program** to raise awareness and funds for survivors. Ambassadors can host events, start fundraisers, or spread the word about ATASK's mission in their communities. Every effort helps create a safer, more empowered future.

[Learn More and Sign up Here!](#)



Every gift makes a difference.

No matter the size, your tax-deductible gift makes a lasting difference
in the lives of survivors of domestic violence.

[Donate Today](#)



"Today, I am not just surviving - I am thriving. I have a job, a home, and a life that is truly mine. I know how it feels to be powerless, to believe there is no way out. But I also know with the right support, there is always a way forward."

-ATASK Client



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